

**Child and Adolescent Mental Health Service**

The Superintendent's Cottage  
Barker Street  
Randwick  
Ph: 9382 4347

**Bondi Junction Community**

Mental Health Centre  
26 Llandaff Street  
Bondi Jct  
Ph: 9366 8611

**The Maroubra Centre  
130 Garden Street**

Maroubra  
Ph: 9366 8711

**CAFÉ (Child & Family East)**

Cnr Barker / Avoca Street  
Randwick  
Ph: 9382 8213

**The Euroa Centre**

Barker Street  
Randwick  
Ph: 9366 8611

**Mood Disorders Unit**

The Prince of Wales Hospital  
High Street  
Randwick NSW 2031  
Phone: 02 9382 3710

**Inpatient Units**

The Kiloh Centre  
The Prince of Wales Hospital  
Barker Street  
Randwick  
Ph: 02 9382 4352

**PEIPOD**

(Program for Early Intervention and Prevention of Disability)  
Part of St. Vincent's Mental Health Service  
Ph: 8382 1800

**Early Psychosis Program**

Eastern Suburbs Mental Health Program  
Ph: 9366 8611

**Cellblock Youth Health Services**

Ph: 9516 2233

**Kingsford Legal Centre**

Ph: 9385 9566

**Come In Youth Resource Centre**

457-459 Oxford Street, Paddington  
Ph: 9331 2691

**Drug and Alcohol**

**The Ted Noffs Foundation  
Head Office**

148 Avoca Street  
Randwick  
Phone: (02) 9310 0133  
Fax: (02) 9310 0020  
1800 151 045  
E-mail: [noffs@noffs.org.au](mailto:noffs@noffs.org.au)

**PALM East - Randwick**

148 Avoca Street  
Randwick NSW 2031  
Phone: (02) 9310 0133  
Fax: (02) 9310 0020  
E-mail: [ashmorec@noffs.org.au](mailto:ashmorec@noffs.org.au)

**The Langton Centre**

Ph: 9332 8777

**Waverley Drug and Alcohol**

Ph: 9387 6788

**Jarrah House**

Ph: 9661 6555

**Gorman House**

Ph: 9361 8080

**Odyssey House**

Ph: 9283 8533

**Family Drug Support**

Ph: 1300 368 186

**Alcohol & Drug Information Service**

Ph: 9361 2111

**ABORIGINAL SERVICES**

**Aboriginal Medical Services**

Redfern  
Ph: 9319 5823

**Barbara Caine**

**Aboriginal Liaison Officer**

Ph: 9366 8736  
Mob: 0413 271 067

**La Perouse Aboriginal CHC**

Ph: 9311 325

**EASTERN SUBURBS MENTAL HEALTH**

**Acute Care Team**

Ph: 9366 8611

**Intake Officer**

Ph: 9366 8611

**Child Service Team**

Ph: 9382 8213

**Adolescent Service**

Prince Of Wales Hospital  
Ph: 9382 4347

## **COUNSELLING SERVICES**

### **Wesley Counselling Services**

Ph: 9951 5577

### **Anglicare**

Ph: 9895 8000

### **Bereavement Care Centre**

Ph: 1300 654 556

### **Jewish Welfare**

Ph: 9302 8019

### **Lifeline Counselling Services**

Ph: 9951 5577

### **Lifeline**

Ph: 131114

### **Mission Australia**

Ph: 9217 1012

### **POWH Counselling**

Ph: 9382 8060

### **Relationships Australia**

Bondi Ph: 9387 4211

Edgecliff Ph: 9418 8800

### **Suicide Prevention**

Ph: 9271 1788

### **Selah**

Ph: 9360 3232

### **Salvo Care Line**

9331 6000

### **Survivors After Suicide**

Ph: 9419 6895

### **Unifam**

Ph: 9261 4877

### **Homeless Persons Information Service**

Ph: 9265 9081

### **Kids Helpline**

Ph: 1800 551 800

### **Others**

#### **Twenty Ten (For young gay or lesbians)**

Ph: 8594 9555

#### **Centacare**

Family & Child Mediation & Conciliation

Ph: 9390 5366

#### **DOCS Helpline**

Ph: 132 111

#### **Rape Crisis Centre/ Sexual Assault Hotline**

Ph: 9819 6565

Ph: 1800 424 017

#### **Domestic violence Line**

## **USEFUL WEBSITES**

### *Illness information*

#### **Beyond Blue**

[www.beyondblue.org.au/site](http://www.beyondblue.org.au/site)

#### **SANE**

[www.sane.org](http://www.sane.org)

[www.it'sallright.org](http://www.it'sallright.org)

#### **Schizophrenia Fellowship of NSW**

[www.sfnsw.org.au](http://www.sfnsw.org.au)

#### **The Australian and New Zealand College of Psychiatrists**

[www.ranzcp.org](http://www.ranzcp.org)

#### **Carers**

[www.arafmi.org.au](http://www.arafmi.org.au)

[www.carers.nsw.asn.au](http://www.carers.nsw.asn.au)

[www.sfnsw.org.au](http://www.sfnsw.org.au)

#### **Others**

#### **Australian Human Rights and Equal Opportunities Commission**

[www.hreoc.gov.au](http://www.hreoc.gov.au)

#### **ReachOut!**

[www.reachout.asn.au](http://www.reachout.asn.au)

#### **Head Room**

[www.headroom.net.au](http://www.headroom.net.au)

#### **Australian Infant, Child, Adolescent and Family Mental Health Association**

[www.aicafmha.net.au](http://www.aicafmha.net.au)

#### **COMIC**

[www.howstat.com/comic](http://www.howstat.com/comic)

#### **Children with a mentally ill parent**

<http://www.copmi.net.au/>

#### **Family Health Kit**

[http://www.health.nsw.gov.au/policy/cmh/publications/Family Help Kit.pdf](http://www.health.nsw.gov.au/policy/cmh/publications/Family%20Help%20Kit.pdf)

#### **Mental Health Association of NSW**

[www.mentalhealth.asn.au](http://www.mentalhealth.asn.au)

#### **NSW Government Drug Info**

[www.druginfo.nsw.gov.au](http://www.druginfo.nsw.gov.au)

#### **DepressioNet**

[www.depressionnet.com.au](http://www.depressionnet.com.au)

## **LEGAL ADVICE**

#### **Legal Aid Hotline (under 18's)**

Ph: 1800 101 810

#### **Law Access**

(Free legal information & referrals)

Ph: 1300 888 529

#### **ASK! (free legal service 14 – 18 year olds)**

206A Aklison Road, Randwick

1800 656 463

Ph: 8383 6629

**The ShopFront Youth Legal Centre**

Ph: 9360 1847

--	--

